



Spa Knigge

Dress code and hygiene

- Bathrobes and a bag are available in the hotel room for our hotel guests. External guests will receive these upon entry.
- For reasons of hygiene the sauna is textile-free (except the textile-spa).
- Please use towels to sit and lie on in the entire spa area.
- please note that **street shoes and clothes are not permitted** in the swimming pool, on the terrace and in the spa lounge.
- The emerald spa serves as a relaxation and quiet zone for all our guests. For this reason, **it is not allowed to make phone calls, photograph or film** in the emerald spa.
- For reasons of hygiene, we ask you to **shower before every bath and sauna session**. Please also shower after using the sauna and steam bath before enjoying a refreshing dip in the bathing area
- **Please do not reserve any deckchairs with your bath towel** – we remove them regularly.
- The entire spa area is non-smoking.

Adult-only times (from 13 years)

- monday to tuesday: 5.30-10.00 p.m.
saturday and sunday: 5.30-09.00 p.m.
- The fitness and sauna area are available to children from the age of 12, but up to the age of 16 only when accompanied by an adult.

Bathing and sauna area, lake access

- In case of acute inflammatory and infectious diseases, you should avoid bathing and saunas altogether. Saunas are **not recommended during the first three months of pregnancy**.
- As a general rule, if you feel unwell, please leave the sauna area you are using and move to the quiet zone. Our staff will be happy to assist you.
- **We do not supervise swimming in the pools or at the lake access**. Swimming is at your own risk and liability. Parents must supervise their children.

Fitness area

- The fitness area is without permanent supervision. If you have any questions or need help, our spa staff are at your disposal.
- **The fitness area may only be entered with appropriate sports clothing and shoes**. Bathing shoes, slippers, socks or bare feet are not permitted for safety reasons.
- Please disinfect the cardio equipment after use so that the next guest can also enjoy a pleasant and hygienic workout.
- **The use of all facilities in the entire spa is at your own risk** – the staff do not assume any supervisory responsibility.